

## How to report bullying:

Students will be asked to fill in a Bullying and Harassment form. These are available from every staff room, the Deputy Principals, online via the school website, the student services office and the front office.

These will be acted upon within two days and you will be notified of the outcome and offered appropriate support if needed.

## Who to report bullying to:

- Parents/Carers
- The classroom teacher when in the classroom
- The teachers on duty in the playground
- A teacher you feel comfortable with
- Your year advisor
- A head teacher
- Deputy Principal
- Principal
- Learning and Support Teachers
- Girls Advisor
- Hunter Sports High School Youth Workers
- SRC Representative
- Aboriginal Education Officer or the Minimbah team of support staff
- School Learning Support Officer

## Support services in the local area:

- Eastlakes Family Support Service (Gateshead West)  
Phone: 4943 9255
- Eastlakes Youth Centre (Windale/Swansea)  
Phone: 4948 8488
- Headspace Newcastle  
Phone: 4929 4201
- Kids Help Line  
Phone: 1800 551 800
- Lifeline  
Phone: 131 114
- Aboriginal Services at Awabakal  
Phone: 4969 4711
- Disability Referral Service  
Phone: 4927 0111
- ACON Hunter Office (LGBT) in Islington  
Phone: 4927 6808

## Websites with excellent information include:

- [www.bullying.org](http://www.bullying.org)
- [www.bullyingnoway.com.au](http://www.bullyingnoway.com.au)
- [www.cybersmart.gov.au](http://www.cybersmart.gov.au)



## BULLYING: Preventing and responding to student bullying in schools policy

## Student Information

## Bullying will not be tolerated at Hunter Sports High School.

This applies to all forms of student bullying behaviour, including cyber-bullying that occurs at HSHS and off school premises where there is a clear and close relationship between the school and the conduct of the student.

All teachers, students and parents/carers must respond appropriately to bullying and harassment and contribute to the general health and wellbeing of all members of the school community. This is reinforced continuously through the school's core Positive Behaviour for Learning (PBL) values: ***respect, responsibility and success.***

At HSHS we actively empower young people to develop resilience and the skills to keep themselves and others safe.

## OUR CORE VALUES

- **Respect**
- **Responsibility**
- **Success**

### Bullying includes:

- **Physical:** any exertion of force or a deliberate act which causes injury or harm by an individual or group (e.g. shoving, punching, stalking, standing over, and invading personal space)
- **Verbal:** use of words, threats or intimidation (e.g. name calling using offensive language, graffiti and offensive notes, putting someone down, disrespectful remarks involving gender, race and disability)
- **Psychological:** spreading rumours, hiding or damaging possessions
- **Cyber-bullying:** electronic bullying using mobile phone, SMS, email, chat rooms or online social networking
- **Harassment:** behavior intended to intimidate, threaten or offend (e.g. physical and verbal violence, damage to property, vandalism, theft, and sexual harassment or homophobia)

### Bullying behavior is not:

- Conflict or fights between equals
- Children not getting along well
- A situation of mutual conflict
- A single incident of nastiness or random acts of aggression or intimidation

## Management of bullying

**Students** have the responsibility to:

- Ensure the health and safety of all students, staff and community members
- Treat others with dignity and respect at all times, including when using social media
- Refuse to participate in bullying of others
- Act proactively as bystanders to support the victim and stop the bullying
- Report bullying to relevant adults (e.g. year advisors, counsellors, Head Teacher Wellbeing, Deputy Principal, Girls Advisor, classroom teacher)

**Teachers** have the responsibility to implement this policy and to ensure a safe and supportive learning environment.

## What strategies do we have in place for dealing with bullying?

There are many strategies in place if you are being bullied, including the Positive Behaviour for Learning program, peer support, youth workers, Minimbah, individual case management and anti-bullying workshops. Speak to your year advisor for guidance and support.