

DRINKS:

Water	600ml	\$1.50
	1 litre	\$2.50
Plain Milk	300ml	\$1.50
	500ml	\$2.00
Flavoured Milk		
• Chocolate, Strawberry	300ml	\$2.00
• Chocolate, strawberry, caramel, natural	500ml	\$3.00
Nippy's Milk		
• Chocolate, Iced Coffee	250ml	\$2.00
	500ml	\$3.00
Juice		
• Orange, orange/mango, orange/passionfruit	375ml	\$2.50
• Orange/passionfruit, apple	500ml	\$3.00
Poppers		
• Apple, apple/blackcurrant	250ml	\$1.50
Up & Go Poppers		
• Chocolate, vanilla	250ml	\$2.00
Aqua ICE Sparkling Water		
• Black raspberry(Light)	500ml	\$3.00
Mineral Water(Light)		
• Raspberry	600ml	\$2.00

ICE BLOCKS:

Frozen Juice Cups		
• Apple/blackcurrant, pineapple, orange		80c
Juicies in a Tube		
• Tropical, lemonade, wildberry, orange		\$1.00
Coconut Juicies in a Tube		\$1.20
Bulla Ice Cream Tubs (98% fat free)		\$1.20
Moosies		\$1.60
Bulla Frozen Yoghurt		\$1.60
Yogo snapz		40c
Frozen Fruit		
• Orange piece (per piece)		10c
• Pineapple ring (per piece)		20c
• Fruit Tub		\$2.00
MILKY Bites		20c
Lifesaver		\$2.00

BREAKFAST:

Pikelet		\$0.50
Raisin Toast (per slice)		\$1.00
Banana Bread (per slice)		\$2.00
Toast with vegemite (per slice)		\$1.00
Muffins (low fat)		
• Choc chip		\$2.00
• Fruit (canteen made)		\$1.00
Cheese & Bacon Roll		\$1.80
Cheese Slice		\$0.40
Warm Milo		\$1.50



EVERYDAY MEAL DEAL – SALAD WRAP + WATER(600ml)
Cost of wrap + \$1

All lunch orders must be **ORDERED BY 9.30AM**
and **PAID FOR** at time of ordering.
A variety of wraps and sandwiches are available over the counter.

Canteen Manager: Melanie

VOLUNTEERS ARE ALWAYS WELCOME & NEEDED!
PLEASE CONTACT MELANIE IF YOU CAN HELP
AT ANY TIME.



2018 Canteen Menu

(Term 1 & 4)

DAILY SPECIALS:

MONDAY	Chicken Gravy Roll	\$4.00
	Meatball Sub	\$3.50
	Pasta & Meatballs <i>(both with meatballs in a tomato sauce & cheese)</i>	\$4.00
TUESDAY	Chicken Aioli Wrap <i>(chicken breast, lettuce, cheese, aioli)</i>	\$4.00
	Grill House Burger <i>(grilled beef and onion, lettuce, cheese and sweet chilli mayo)</i>	\$4.00
	Tandoori Chicken Wrap <i>(tandoori chicken breast, lettuce, cucumber, Yoghurt dressing)</i>	\$4.00
WEDNESDAY	Chilli Con Carne <i>(Mexican mince, beans, cheese on rice,)</i>	\$4.00
	Chicken Caesar Burger <i>(crumbed chicken breast, lettuce, ham, cheese and Caesar dressing)</i>	\$4.00
	Hawaiian Chicken Wrap <i>(chicken breast, ham, cheese, pineapple & mayo)</i>	\$4.00
THURSDAY	Toasted Mexican Chicken Wrap <i>(chicken tenders, lettuce, cheese, salsa, crunchy corn flakes)</i>	\$4.00
	Hot Chilli Chicken Roll <i>(chilli chicken tenders, lettuce & mayo)</i>	\$4.00
	Pulled Pork Roll <i>(with gravy)</i>	\$4.00
FRIDAY	Lasagne	\$3.50
	Hamburger with Salad <i>(Beef pattie, tomato, beetroot relish, lettuce, cheese & tomato sauce)</i>	\$4.00
	Flame-Grilled Chicken Burger <i>(char-grilled chicken breast, lettuce, tomato & mayo)</i>	\$4.00

SALAD BOXES:

Salad <i>(lettuce, tomato, cucumber, beetroot, carrot, onion, cheese)</i>	\$4.00
Egg & salad	\$4.50
Ham & salad	\$5.00
Chicken & salad	\$5.00
Pork & salad	\$5.00
Crispy Chicken Salad (gluten free)	\$5.50

SANDWICHES/WRAPPS:

Choose:	
• Wholemeal or high fibre white bread, rolls or wraps	
• Toasted sandwiches	add 50c
Bread and butter	\$0.80
Vegemite	\$1.40
Cheese	\$1.40
Cheese & tomato	\$1.60
Ham	\$3.00
Ham & cheese	\$3.20
Ham, cheese & tomato	\$3.50
Ham & salad	\$4.50
Egg	\$3.00
Egg & lettuce	\$3.20
Egg & salad	\$3.70
Chicken	\$3.50
Chicken & salad	\$4.50
Chicken, Lettuce & Mayo	\$4.00
Salad <i>(lettuce, tomato, cucumber, carrot & cheese)</i>	\$3.50

WRAPPS:

	Half:	Full:
Salad <i>(lettuce, tomato, cucumber, carrot, onion, cheese)</i>	\$2.50	\$4.50
Ham & salad	\$3.00	\$5.00
Chicken & salad	\$3.00	\$5.00
Chicken, lettuce & Mayo	\$3.00	\$5.00

EVERYDAY MEAL DEAL – SALAD WRAP + WATER(600ml)

Cost of wrap + \$1

HOT FOOD:

Sausage Roll (low fat)	\$2.40
Meat Pie (low fat)	\$2.80
Spinach & Ricotta Roll	\$2.80
5 Chicken Crackles <i>(Chicken breast tempura crackles)</i>	\$3.00
Garlic Roll	\$1.00
Veggie Pasta	\$3.00
Sauces:	\$0.30ea
• BBQ	
• Tomato	

SNACKS:

Seasonal piece of fruit	\$0.80
Fruit Tub (subject to availability)	\$2.00
Vegetable Sticks	\$0.75
Dip (hommus or salsa)	\$0.75
Mousse	\$1.00
Jelly	\$1.00
Plain Yoghurt	\$1.30
Yoghurt with fruit topping or muesli	\$1.70
Finger Bun	\$2.00
Choc chip Muffin (low fat)	\$2.00
Banana Bread	\$2.00
Cheese & Bacon Roll	\$1.80
Chips/Grain Waves	\$1.50
Fruit Muffins (Banana or Apple/cinnamon)	\$1.50